

## Book Description

This is a women's empowerment and self-help book, written by an author from the United Arab Emirates.

In the UAE, there is a rich dialogue between tradition and modern sensibilities. The author is a wife, mother of four, nationally recognized award-winning professional/public servant, and Doctoral candidate. In this books, she shares the techniques and wisdom she has learned in ten years of being a wife and mom - and a boss and a scientist-in-training, all at the same time.

This book shares both intensely practical tips about podcasts and time management, and profoundly spiritual lessons about what it means to be a traditional Muslim woman in the modern world. The author requests that and character who appears on the cover be dressed in the traditional black dress and veil she wears herself everyday. Photo attached for reference.

The book is all about balance - between family and professional life, between natural beauty and modern capabilities, and between self-love and service to others. As such, we are thinking that a cover which balances classical elegance and modern aesthetics might be appropriate.

We would be potentially interested in trying two early cover concepts:

One featuring a woman tackling some titanic or impossible task, like the "Rogue Elephants" concept linked below. The woman should be wearing a traditional UAE black veil.

One featuring a colorful landscape breaking through a black-and-white background, like in the "As I See It" concept. The landscape should give a sense of a vast, sweeping journey and adventure.

In addition to that and for the formatting service and décor service I have added from the extras, I would love it if you could insert like flower sketches at the beginning of each chapter and maybe a big capital letter at the beginning of the sentence. These are just examples I am sure you will have better suggestions